

Supported by

Chichester • Midhurst • Petworth • Bognor  
**OBSERVER**  
NEWSPAPER SERIES



**Many people are finding things tough at the moment due to rising goods and energy prices, inflation, and cost of living pressures.**

We know that people are worried and so we want to make sure that you are aware of the help that is available to you. This leaflet aims to highlight some of the key schemes you can access and you can also access more tips and information at:

**[www.chichester.gov.uk/supportingyou](http://www.chichester.gov.uk/supportingyou)**

## NEW SUPPORT SERVICE



### Supporting You Team

We've launched a new holistic service to support those who are struggling with the cost of living. This is delivered by a dedicated team of trained advisors who are able to support people with a range of challenging issues at once. You can contact the team using the online referral form at [www.chichester.gov.uk/supportingyouteam](http://www.chichester.gov.uk/supportingyouteam), by email [supportingyou@chichester.gov.uk](mailto:supportingyou@chichester.gov.uk) or by calling **01243 534860**. Find out more at: [www.chichester.gov.uk/supportingyou](http://www.chichester.gov.uk/supportingyou)

KEEP  
IN  
TOUCH

Please also sign up to our regular email newsletter at [www.chichester.gov.uk/newsalerts](http://www.chichester.gov.uk/newsalerts). You can also find more tips and information at [www.chichester.gov.uk/supportingyou](http://www.chichester.gov.uk/supportingyou)

## HELP WITH FINANCES

If you are struggling to pay your bills or rent, make sure you visit [www.chichester.gov.uk/helpwithfinances](http://www.chichester.gov.uk/helpwithfinances), where you can find details of a range of support that is available to you.

Whether you need help to pay a Council Tax bill or, are struggling to pay your rent or need debt advice, there are a number of ways in which we can help people who are experiencing financial difficulty.

### Benefits & Budgeting calculator

You can find a free benefits and budgeting calculator at [www.chichester.gov.uk/supportingyou](http://www.chichester.gov.uk/supportingyou), which provides an estimate of your entitlement to benefits, as well as a budgeting tool that you can choose to share back to an advisor for further support or get tips on how to make savings in your budget.



### Money advice service

The Government's money advice service – [adviser.moneyhelper.org.uk/en](http://adviser.moneyhelper.org.uk/en) – can also help you find financial support. It includes a tool that provides specific guidance for customers whose income has been impacted by coronavirus as well as advice for people whose incomes are stretched due to rising costs.

[www.chichester.gov.uk/supportingyou](http://www.chichester.gov.uk/supportingyou)